

IDENTITY SHEET
> TO BE STORED SEPARATELY FROM ALL OTHER SHEETS <

CODE	AGE
NAME	
ADDRESS	
PHONE MOBILE PHONE HOME WORK	
E-MAIL	
OTHER FULL NAMES	
NO NOTES HERE	

WRITE CODE HERE + ON IDENTITY SHEET

NEVER WRITE THE CLIENT'S NAME IN THIS FILE
THE CLIENT IS REFERRED TO SOLELY AS E.G. "CL."

TODAY'S SESSION

DATE	NEXT APPOINTMENT	SESSION NO.	PAGE /
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NOTES

SOFT ANONYMOUS – NO FAMILY NAMES, SPECIFIC ADDRESSES AND SIMILAR.

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OVERVIEW

DATE OF FIRST SESSION

WANTS TO WORK WITH

WANTS TO ATTAIN

AGREEMENTS

OVERVIEW

IMPORTANT THEMES, SESSION NO.

DESCRIBE WITH CATCHWORDS – WRITE RELEVANT SESSION NO. FROM "TODAY'S SESSION" FOR FURTHER DETAILS

OVERVIEW

INFORMED ABOUT TWO CHAIR WORK, SESSION NO.

TWO CHAIR WORK, SESSION NO.

DESCRIBE WITH CATCHWORDS – WRITE RELEVANT SESSION NO. FROM "TODAY'S SESSION" FOR FURTHER DETAILS

OVERVIEW

OTHER EXERCISES, SESSION NO.

DESCRIBE WITH CATCHWORDS – WRITE RELEVANT SESSION NO. FROM "TODAY'S SESSION" FOR FURTHER DETAILS

OVERVIEW

HOMEWORK, SESSION NO.

DESCRIBE WITH CATCHWORDS – WRITE RELEVANT SESSION NO. FROM "TODAY'S SESSION" FOR FURTHER DETAILS

OVERVIEW

RESOURCE PEOPLE

PEOPLE WHO ARE A POSITIVE RESOURCE FOR THE CLIENT – ONLY FIRST NAMES

RESOURCE SITUATIONS, SESSION NO.

SITUATIONS THAT THE CLIENT HAS HANDLED IN A CONSTRUCTIVE WAY

OVERVIEW

EVALUATION, SESSION NO.

DESCRIBE WITH CATCHWORDS – WRITE RELEVANT SESSION NO. FROM "TODAY'S SESSION" FOR FURTHER DETAILS

BACKGROUND

PREVIOUS THERAPY

BACKGROUND

WORK

FUNCTION ETC. – NOT THE NAME OF THE WORKPLACE

EDUCATION

BACKGROUND

CURRENT FAMILY

ONLY FIRST NAMES – NO SPECIFIC ADDRESSES

BACKGROUND

CHILDHOOD FAMILY

ONLY FIRST NAMES – NO SPECIFIC ADDRESSES

BACKGROUND

OTHER